Table 1. Empowerment Dimensions

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| Dimensions | Definition |
| Democratic | The degree to which the population increasingly participates in the way policies are formulated and put into practice. |
| Economic | The degree to which residents control the source of their income, what options they have, and how they are protected from market fluctuations. |
| Political | It refers to the process by which a minority group gains greater ability to influence outcomes in its favor. Essential values are social justice and a respectful, fair treatment |
| Environmental | How groups obtain the capacity to control the space and the environment in which they live. |
| Cultural | The development and reinforcement of cultural values as a source of strength and solidarity. |

Source: Elaborated by authors with information from Foley (1997).